

Hakubai Temple
Practice Schedule
24-26 September 2010

Friday, 24 Sept

4:00 PM Registration
5:30 PM Informal dinner
6:30 PM Facility orientation
7:30 PM Zazen
8:10 PM Kinhin
8:20 PM Program overview
9:00 PM Closing bows

Saturday, 25 Sept

5:00 am Wake-up
5:30 am Zazen
6:10 am Kinhin
6:20 am Zazen
7:00 am Service
7:30 am Breakfast-Oryoki
8:00 am Clean-up
9:30 am Kyudo setup
10:00 am Kyudo program
12:00 pm Lunch Oryoki
12:30 pm Clean-up
1:00 pm Break
2:00 pm Kyudo Program
4:30 pm Last shot
5:00 pm Dinner-informal
6:00 pm Break
7:30 pm Zazen
8:10 pm Kinhin
8:20 pm Dharma Talk
9:00 pm Closing bows

Sunday, 26 Sept

5:00 am Wake-up
5:30 am Zazen
6:10 am Kinhin
6:20 am Zazen
7:00 am Service
7:30 am Breakfast-Oryoki
8:00 am Clean-up
9:30 am Kyudo program
12:00 pm Lunch Oryoki
12:30 pm Clean-up
1:00 pm Break
2:00 pm Kyudo Program
3:15 pm Last shot
4:00 pm Closing
4:30 pm Clean-up
5:30 pm Program concludes